## Lunch Menu August-October

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tenders	Local Miller's Beef Hot	Coconut Chickpea Curry	Grilled Chicken Sandwich	Dominos Cheese Pizza
with Whole Grain Dinner	Dog on Whole Grain Bun	with Steamed Rice	on a Bun	
Roll				Freshly Made Turkey &
	Hand Rolled Bean &	Fresh Made Hummus with	Yogurt Parfait with freshly	Cheese Sub Sandwich
Veggie Nuggets	Cheese Burrito	Pita	made Granola & String	
with Whole Grain Dinner			Cheese	Caesar Salad
Roll	Baked (Vegetarian) Beans	Garden Salad		Corn
	Salsa or Pico de Gallo	Celery Sticks	Carrot Sticks	Carrot Sticks
Carrot Sticks	Cucumbers	Jicama	Sliced Tomatoes	Fresh Fruit
Celery Sticks	Caesar Salad	Fresh Fruit	Lettuce Leaves	Canned Fruit
Garden Salad	Fresh Fruit	Canned Fruit	Garden Salad	
Fresh Fruit	Canned Fruit		Fresh Fruit	
Canned Fruit			Canned Fruit	
Breaded Chicken	Pesto Pasta with	Hamburger	Orange Chicken & Fried	Cheese Pizza
Drumstick with a Waffle	Shredded Mozzarella		Rice	
		Griller's Prime Veggie		Yogurt Parfait with freshly
Cheesy Breadsticks with	Whole Grain Dinner Roll	Burger	Vegetable Egg Roll with	made Granola & String
Marinara Sauce			Fried Rice with Edamame	Cheese
	Bean and Cheese Burrito			
		Carrot Sticks	Garden Salad	Caesar Salad
Carrot Sticks	Pinto Beans	Sliced Tomatoes	Broccoli	Corn
Celery Sticks	Salsa or Pico de Gallo	Lettuce Leaves	Celery Sticks	Carrot Sticks
Garden Salad	Caesar Salad	Garden Salad	Fresh Fruit	Fresh Fruit
Fresh Fruit	Fresh Fruit	Fresh Fruit	Canned Fruit	Canned Fruit
Canned Fruit	Canned Fruit	Canned Fruit		

Green Chili & Cheese Tamale	Chicken Meatball Sub Sandwich	Spaghetti with or without Beef Meat Sauce offered with WG Dinner Roll	Butter Chicken with Steamed Rice	Dominos Cheese Pizza  Freshly Made Turkey Ham
Chicken Nuggets with a	Bean and Cheese Pupusa	With We bringer non	Fresh Hummus with Pita	& Cheese Sub Sandwich
Biscuit	'	Turkey Taco Nada		
				Caesar Salad
Carrot Sticks	Pinto Beans	Garden Salad	Garden Salad	Corn
Celery Sticks	Salsa or Pico de Gallo	Celery Sticks	Broccoli	Celery Sticks
Garden Salad	Caesar Salad	Jicama	Carrot Sticks	Fresh Fruit
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Canned Fruit
Canned Fruit	Canned Fruit	Canned Fruit	Canned Fruit	
Chicken Or Vegetable Pot	Breakfast for Lunch	Korean Beef over Steamed	Bean & Cheese Chiminada	Cheese Pizza
Stickers with Rice	Pancakes (2), Sausage (2)	Brown Rice		
	& Fruit Compote		Freshly Made Sun Butter	Yogurt Parfait with freshly
		Coyote Grill Cheese	& Jelly Sandwich & String	made Granola & String
	Bean & Cheese Burrito	Quesadilla	Cheese	Cheese
Carrot Sticks	Jicama	Garden Salad	Pinto Beans	Caesar Salad
Celery Sticks	Carrot Sticks	Broccoli	Pico de Gallo or Salsa	Corn
Garden Salad	Caesar Salad	Celery Sticks	Garden Salad	Carrot Sticks
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Canned Fruit	Canned Fruit	Canned Fruit	Canned Fruit	Canned Fruit